



NEW ENGLAND BAPTIST<sup>SM</sup>  
HOSPITAL  
SPINE CENTER

**WHITTIER**

Rehabilitation  Hospital

WESTBOROUGH

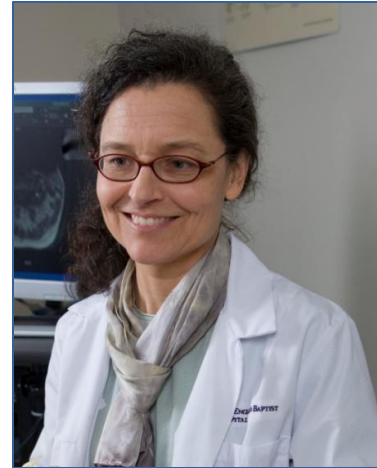
www.whittierhealth.com

New England Baptist Hospital  
spine care is now available at a  
location more convenient to our  
Metro West and Central  
Massachusetts patients.

Dr. Janet Limke brings the successful, evidence-based approach of the New England Baptist Spine Center to Whittier's Westborough location.

Dr. Limke is a clinical instructor in physical medicine and rehabilitation at Harvard Medical School, and is board certified in physical medicine and rehabilitation. She is a graduate of the University of Cincinnati College of Medicine, and completed her residency at Tufts Medical Center.

## Seminar



Dispelling  
Myths About  
Low Back  
Pain and Disc  
Degeneration

### Whittier Rehabilitation Hospital

150 Flanders Road, Westborough MA  
CME and CEU credit will be provided.

February 7, 2012 7am to 8am

**Space is limited!** Please RSVP to  
Bill Greene at [wgreene@nebh.org](mailto:wgreene@nebh.org) or  
617-754-6750



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## **"Dispelling myths about low back pain and disc degeneration"**

Dr. Limke's presentation will:

- Discover how fear avoidance beliefs (FAB) affect our care of patients with LBP.
- Reveal controversies about disc pain, disc pressure and disc degeneration
- Examine new evolving paradigms of LBP etiology.
- Transform this information into new advice for patients

### **Details:**

February 7, 2012 7am to 8am at Whittier Rehabilitation Hospital, 150 Flanders Road, Westborough, MA Call 617-754-6750 or email [wgreene@nebh.org](mailto:wgreene@nebh.org) with questions

A continental breakfast will be served. Please park in the "Non-Visitor" parking and enter the Hospital from the main entrance on Flanders Rd. The presentation will be in the room behind the reception area.

*This program is designed for Primary Care Physicians. Others, including nurses, case managers, human resource representatives, and safety professionals in industry concerned with the health and safety of employees are welcome.*

***Continuing Education Credits have been applied for through The Massachusetts Medical Society and The Commission for Case Manager Certification***