

Save the Date

Saturday, November 2, 2019 - 8 AM - 4 PM
Newbridge on the Charles, Dedham, MA



Emerging Frontiers of Aging *Exploring the Professional Challenges and Community Responses* *CMSNE Caring for Frail Elders Conference*

Aging populations in general, and elders specifically, prefer to age in their homes and within their own communities to maintain a level of control, independence and quality of life. Concerns regarding personal/health care, community/family support, isolation, affordability and available resources are foremost; yet, dealing with navigational obstacles as health declines and social networks narrow has become even more challenging.

This conference discusses health and social challenges, shrinking safety nets, the impact of aging in 21st century and the financial challenges associated with aging. Participants will also learn about innovative community responses to aging such as the Village movement, Age Friendly Communities and their expansion and the Honoring Choices movement.

Overall conference objectives: Upon completion of the conference attendees will be able to:

- Recognize key physical, mental and social challenges faced by elders living in the community.
- Describe financial and health related resources/program options available for elders living in the community.
- Identify at least two innovative community responses to help elders age with dignity within their communities.

**Exhibiting Opportunities Available for additional information
contact the CMSNE Chapter office for details.
Secure your space early.**



74 Buckboard Rd. Duxbury, MA 02332
Phone: 603-329-7481 Email: CMSNE@CMSNE.org
Website: www.CMSNE.org

**NEWBRIDGE
ON THE CHARLES**

 Hebrew SeniorLife