


Identifying and Addressing Survivors of Interpersonal Violence:

The Implications of Services Through the Pandemic and Beyond



CREATING COMMUNITIES FREE FROM VIOLENCE AND EXPLOITATION

Presented by:
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Our Time Together

- ▶ Introduction of New Hope (Who we are; Who we serve; What we do)
- ▶ Group Agreements
- ▶ Dynamics of Domestic Violence
- ▶ Types of abuse & Cycle of Violence
- ▶ The "Shadow" Pandemic – Global vs. Local Impacts
 - ▶ Brief Video- Pandemic Lockdown: A Time to Escape
- ▶ Adapting Service Provision
- ▶ Recognizing Signs of People Who Use Abusive Tactics
- ▶ Helping Survivors in Your Work
 - ▶ Brief Video- (CONTENT WARNING)- Spotting Signs of Domestic Violence
- ▶ Resources for the Case Manager
- ▶ How you can reach New Hope & Resources for Your Communities



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WHO IS NEW HOPE?

1-800-323-HOPE (4673)

New Hope is a 501(c)(3) non-profit organization serving those affected by domestic and sexual violence. Since domestic and sexual violence are often intertwined, our clients benefit from the full spectrum of programs we offer, allowing them to receive both types of services in one place.

Our Mission:
By building an anti-violence movement, we seek to create communities free from violence, where individuals and families are able to achieve their full human potential. As an organization dedicated to social justice, New Hope encompasses a way of seeing, naming, understanding and acting aimed at addressing inequality and oppression across society.

Our vision is a simple one. **"Every person has the right to live a life free of violence and exploitation."**



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Our Communities

South Central Massachusetts: DV Services

South Eastern Massachusetts: SV & DV Services

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Our Services

- » Toll-Free, Confidential Hotline 800-323-HOPE (4673)
- » Web-chat (Coming Soon)
- » Community Based Advocacy
- » Community Based Counseling
- » Civilian Police Advocacy
- » Emergency Shelter
- » Prevention & Education
- » SAFEPLAN Court Advocacy
- » SANE Medical Advocacy
- » RESPECT
- » M.J. Leadenham Visitation Center

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1-800-323-HOPE

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Group Agreement

YOU HAVE THE RIGHT...

1. To be embarrassed or uncomfortable.
2. To your opinion.
3. To no assumptions.
4. To your privacy.
5. To confidentiality.
6. To be heard, and to pass.
7. To ask questions!

TAKE CARE OF YOURSELF

Content Warning:

Information reviewed in this presentation is difficult due to it containing definitions on domestic & sexual violence, sexual assault, rape, consent, and more.

Please take care of yourself, however is best for you.

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Questions for You to Hold

What do you think of when you hear the words "Domestic Violence"?

Who are "the victims"?

What do "they" look like? Behave like?

In what ways has/might domestic violence present in your work?

What would make working with a victim the easiest/hardest?



Some Categories of Abuse



A Quick Look Into Technological Abuse:

High-Tech Stalking: People who abuse are increasingly misusing a variety of technologies against their former and current intimate partners. This can include

- ▶harassing
- ▶intimidating
- ▶coercing
- ▶monitoring

Non-consensual Sharing of Intimate Images or "Revenge Porn": Defined as sexually explicit images and or videos taken and or shared without consent of a person.

This can happen before, during, and after perpetrating sexual violence.

Other examples:

- Posting negative/harmful/false info
- Impersonation
- Monitoring/controlling online activity
- Limiting access to online spaces
- Facilitating assaults and/or harassment
- Doxing



A Quick Look Into Financial Abuse:

FINANCIAL ABUSE IS
OFTEN CITED BY VICTIMS
OF ABUSE AS THE MAIN
REASON THAT THEY
STAYED WITH OR
RETURNED TO AN
ABUSIVE PARTNER.

LEARN MORE AT NNEDV.ORG

- Includes, but is not limited to:
 - Making or attempting to make an individual financially dependent by maintaining control over financial resources
 - Withholding someone's access to money
 - Forbidding someone's attendance at school or employment
 - Refusal to pay bills
 - Make all the household or financial decisions
 - Overuse credit cards or lines other lines of credit
 - Withhold physical resources (Food, clothing, or medicine)

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A Quick Look Into Spiritual/Cultural Abuse:

It is used to control how a person interacts with the world. Abusive behaviors can include when a partner:

- Belittles your beliefs, practices and traditions
- Prevents you from participating in spiritual or cultural traditions
- Forces you to participate in practices (not your own) ex. language
- Mistating or misusing practices against you
- Uses hurtful stereotypes to put you down



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► STRONGHEARTS NATIVE HELPLINE

Cycle of Violence

How it's often described:

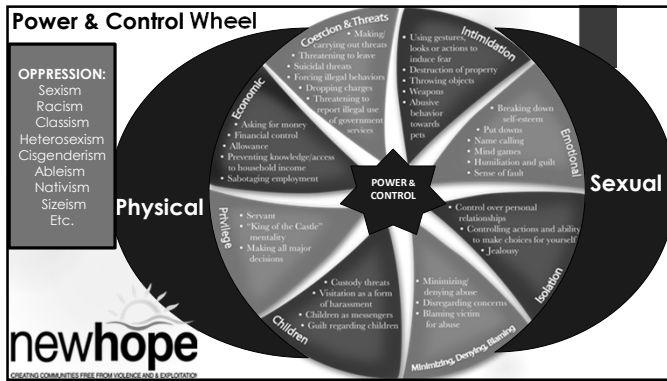
What is more likely:

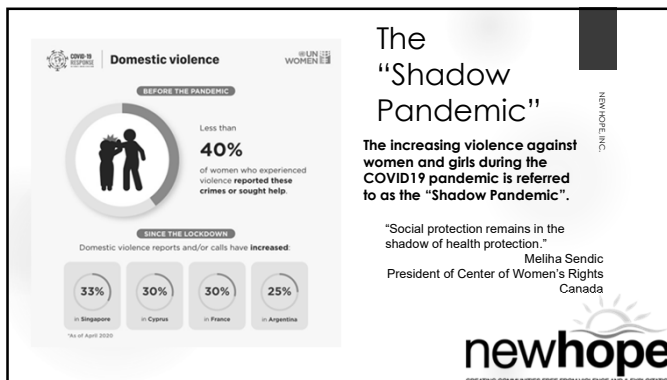
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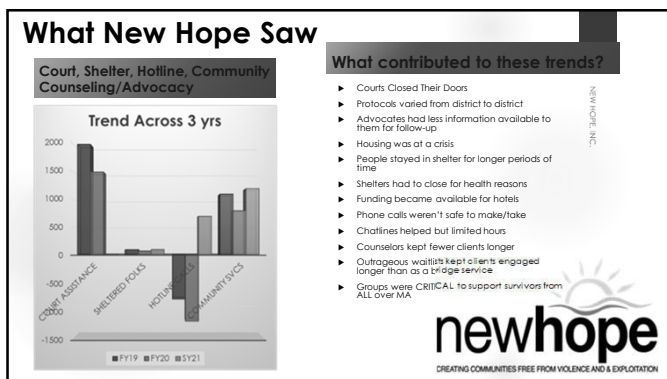



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Recognizing Red Flags



FEAR

*what does fear look like in the relationship?
*Is one partner in fear of the other?
*(Contextualize the fear.)



EMPATHY

People who perpetrate often have trouble empathizing with the survivor. They often will blame them for the abuse and/or be dismissive of their feelings.




ENTITLEMENT

Partners who have been abusive tend to believe that their needs (and wants) are more important than the survivor's needs.



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Do You Know "The Signs"?



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Recognizing Red Flags cont...

AUTONOMY

AGENCY

Who is making the decisions?

Were these decisions coerced?

What are the consequences for making decisions that the partner doesn't like?

ASSERTION of WILL

The abusive partner exerts their power over the survivor to get their way.

One partner is setting boundaries & the other partner breaks/oversteps those boundaries.

Patterns of boundaries being broken/overstepped.

INSTINCTS

When your "gut instincts" tell you that something isn't quite right, that is something to pay close attention to.

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EXAMPLES

- No, that didn't happen. I don't remember ever saying that.
- Why are you [setting boundary]. I thought you loved me?
- You knew who I was when we got together, it's not my fault you changed.
- You know how I get, why are you acting like this?
- You shouldn't have spent so much time with your friends at the bar last night, maybe if you didn't I wouldn't be so angry.

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CONTEXT, INTENT, EFFECT

The effect of actions and words overrides the intent behind them, *always*.

- Context in which the behavior occurred
- Intent of its use (controlling partner or gaining control of oneself)
- Effect of behavior (is the person afraid or have they established control)

IMPACT > INTENT

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HOW TO HELP SOMEONE YOU CARE ABOUT WHO IS BEING ABUSED:

- ▶ Don't make a person choose between you and the abusive partner.
- ▶ Give them help and support- offer support & resources, NOT advice.
- ▶ Avoid making them defensive; "Why do you stay with this jerk?"
- ▶ Let them know you care about their physical and emotional well-being.
- ▶ Tell them you're worried and concerned about the health of the relationship.

- ▶ Discuss specific recent occasions of insult and embarrassment BUT let them guide the conversation.
- ▶ Let them know that you believe - & that they deserve to be treated well all of the time.
- ▶ Reinforce that you'll be there . . . no matter what.
- ▶ The more support the person has, the better.

~Listen~ Believe~ Validate~

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HOW TO LEARN MORE ABOUT NEW HOPE

Toll-Free, Confidential, 24/7 Hotline

SOCIAL MEDIA



www.instagram.com/newhopeinc



www.facebook.com/newhopeinc



www.twitter.com/newhopeinc

New Hope's Website & Web Chat

www.new-hope.org

Main Office Address

247 Maple Street

Attleboro, MA, 02703

508-226-4015 (Business line)

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Additional Regional Resources

The Network/La Red (TNLR)
24/7 Hotline: 800-832-1901

MA SafeLink
Hotline: 877-785-2020

Llamanos
Hotline: 800-223-5001

▶ Jane Doe Inc.: Massachusetts Domestic Violence Programs: <https://www.mass.gov/service-details/domestic-violence-programs-for-survivors>

▶ Connecticut Coalition Against Domestic Violence CTCADV.org (860) 282-7899

▶ CT 24 hr statewide hotline 888-774-2900 (directs caller to closest program to them)

▶ Rhode Island Coalition Against Domestic Violence-ricadv.org

▶ RI Phone (401) 467-9940

▶ Vermont Network Against Domestic & Sexual Violence: vtnetwork.org

▶ VT Phone: (802) 223-1302

▶ Maine Coalition to End Domestic Violence- mcedv.org

▶ ME Statewide Domestic Violence Helpline: 1-866-834-HELP

▶ New Hampshire Coalition Against Domestic & Sexual Violence nhcadsv.org

▶ 24 hour helpline 866-644-3574

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teşekkür ederim
thank you gracias
moichakkaram
go raibh maith agat
sukriya kop khun krap
xвала
dakujem
eskerrik asko
dankeowl



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Please share
your thoughts
with us.



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