



Meeting People Where They're At

Mobile Health & Harm Reduction for People Experiencing Homelessness

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Introductions

Malia Haddock, MS, PMHNP

- **CONNECT Clinical Director**
- **Integrity & Independence in Continuing Inter-professional Development**
All planners, faculty, and others in control of the content of this educational activity have no relevant financial relationships with ineligible entities (i.e., commercial organizations).





CONNECT



CONNECT is a mobile health and harm reduction program that delivers low-barrier, trauma-informed care to people experiencing and at risk of homelessness in Greater Portland.

Our van-based clinic is a mobile extension of the MaineHealth-Preble Street Learning Collaborative with a focus on engaging patients with untreated psychiatric and substance use disorders.



Why this kind of program?



PATIENT-CENTERED RESPECT INTEGRITY EXCELLENCE PARTNERSHIP INNOVATION

Why focus on this patient population?



PATIENT-CENTERED RESPECT INTEGRITY EXCELLENCE PARTNERSHIP INNOVATION

Harm Reduction



PATIENT-CENTERED RESPECT INTEGRITY EXCELLENCE PARTNERSHIP INNOVATION

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Psychiatry

- On-demand outpatient psychiatry
- Critical time intervention
- Medications primarily prescribed from the van to local pharmacies
- Limited "to-go" medications for direct dispensing

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MOUD

Medications For Opioid Use Disorder


- On-demand buprenorphine-naloxone
- Supported low and high dose induction in the field
- Clonidine and ondansetron will be available "to go" on the van
- Facilitated connection to injectable buprenorphine
- Facilitated connection to OTP/methadone

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Harm Reduction


- Naloxone
- Safer use supplies
- Wound care supplies
- Fentanyl test strips
- Safer sex supplies
- Hand sanitizer
- Hand/feet warmers
- Sunscreen
- Facilitated linkage to Syringe Service Programs (SSP) for needles/syringes

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Low-Barrier Outreach

- Our approach
- Community partners:
 - Portland Public Health (The Exchange)
 - Milestone Recovery (HOME Team)
 - Preble Street
 - The Opportunity Alliance
 - Spurwink
 - Greater Portland Health
 - Outpatient, acute outpatient and inpatient settings
 - EMS, Community Policing and Behavioral Health Unit
 - Cumberland County Jail






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Basic Needs

- Hygiene kits and toiletries
- Socks and underwear
- Seasonal gear and supplies
- Snacks and water
- Lockboxes
- Additional supplies as available (bus tickets, gift cards, etc.)

Mobile Clinic






Staffing



- Clinical Director (PMHNP)
- PSLC Clinical Team
 - RN
 - PA-C
 - MD
- Homeless HealthPartners – social work team
- UME/GME/Fellows
- New positions with SAMHSA funding
 - Harm Reduction Program Coordinator
 - Medical Outreach Case Manager
 - Rapid Re-Housing
 - Peer Support Worker