

# FREE CEU EVENT - 1 CREDIT

# Beyond the Fog: The Complexities of the Grieving Brain

# THURSDAY, JUNE 19, 2025 4:30PM - 5:30PM

Grief can be overwhelming — emotionally, physically, and neurologically - whether the loss is your own or that of a client or patient. This CEU presentation explores how grief affects the brain, why it's so difficult to process the permanence of loss, and when the grieving process may evolve into Prolonged Grief Disorder. Learn science-based insights and supportive techniques to better assist individuals through their grief journey.



Presented by
Jaye O'Connell, MS, LSW, CAIP, CAGCS
Certified in Mindfulness

Enjoy complimentary grab & go meal!

Live, Onsite
Presentation
Hosted by



45 Union Street Natick, MA 01760 508-433-4400

In Partnership with



## **Attendees Will Learn To:**

- Identify techniques to support healthy grief adaptation
- Learn how grief affects brain function and emotions
- Understand why the brain struggles with accepting loss
- Identify signs of Prolonged Grief Disorder and how to respond

### **Who Should Attend:**

Social Workers - Aging Life Care Managers - Healthcare professionals supporting older adults & families

Eligible for 1 CEU credit. Certificate provided upon completion.



Seating is limited. Reserve your spot today!